



# **USING EMDR WITH CHILDREN**

## **LEVEL I CHILD TRAINING FOR EMDR THERAPISTS**

**JOANNE MORRIS-SMITH C. Psychol.**

**Friday 22<sup>nd</sup> November 2013**

**9.15 a.m. – 5.00 p.m.**

**at**

**The Association for Child & Adolescent Mental Health Services**

**St Saviour's House,**

**39-41 Union Street,**

**London SE1 1SD**

This EMDR Europe Accredited level I Child Training introduces the use of EMDR with children and adolescents. It is open to therapists who have completed Level I EMDR or Parts 1 & 2. The focus is on clinical skills training in the basic adaptations of the standard EMDR protocol which are necessary when working with children. This training is designed for clinicians experienced in working with children and adolescents according to the criteria defined in the EMDR UK & I Association Guidelines for Working with Children and Adolescents.

The training will consider the changing needs of children at different developmental stages, from 2 - 16 years of age, and how the basic EMDR protocol may be adapted to address these needs. Differences between adults and children in their responses to the EMDR process will also be considered, together with how to assess these responses in children. Determining when the use of EMDR is, and is not, an appropriate and safe therapeutic process to use with children will be explored, as well as how to screen for potential hazards, including issues such as attachment disorders and dissociation. Timing of EMDR in the therapeutic process will also be considered.

By means of video demonstration and case examples, participants will learn how to apply EMDR with children who have experienced past traumatic events such as road traffic accidents, bereavement, fire, and hospitalisation, as well as its application with domestic violence and specific phobias. The use of EMDR with children who have experienced prolonged difficulties; including bullying, bed-wetting, and nightmares will also be discussed. There will also be an introduction to the use of EMDR with multiple and severe and complex traumas in childhood. Participants are encouraged to bring with them any relevant case material they might wish to discuss, since ample time will be allowed for both troubleshooting and for case consultation of existing or potential clients.

### About the presenter.

Joanne Morris-Smith, Consultant Chartered Psychologist has been working in Clinical Child Psychology for the last 33 years and has worked in a number of large teaching hospitals. She is an EMDR Europe Accredited Child Trainer and also as an EMDR Institute Facilitator. She founded and chairs the EMDR Europe Child Section Committee and has been incorporating EMDR into her clinical practise for the last 17 years. A former Deputy director of the Traumatic Stress Clinic, Joanne founded and runs a similar Child Trauma Clinic for Surrey & Borders NHS FT), which has been running since 1995. She also works in private practise specialising in work as an Expert Witness with traumatised children who have been exposed to physical/emotional abuse, domestic violence and murder. She has presented a number of papers on the subject at international conferences and is the Editor of an Occasional Paper of Association of Child Psychology and Psychiatry entitled *EMDR: Clinical Applications with Children*. No.19. January 2002.



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London SE1 1SD.

## TRAINING APPLICATION FORM

Name .....

Address .....

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Telephone..... Email.....

EMDR Completion Dates and Location:

LEVEL 1 or Part I & II ..... Location .....

LEVEL 11 or Part III..... Location.....

PROFESSION.....

PROFESSIONAL QUALIFICATIONS .....

PAYMENT MUST BE MADE BY CHEQUE IN £ STIRLING

\*PLEASE MAKE CHEQUES PAYABLE TO "EMDR Advanced Skills & Child Training"

FEE for Training (lunch included) **£189.00**

**PLEASE SEND completed application form with payment to: Mrs. J. Morris-Smith,**  
13 Forest Hills, Camberley, Surrey, GU15 3NH. U.K. \*(Please note application forms cannot be  
accepted without payment and places will be allocated on a first-come first-serve basis - places are  
limited to 40). Email:[j.morris-smith@virgin.net](mailto:j.morris-smith@virgin.net). Telephone +44 (0)1276 29394.